



SAN FRANCISCO CAMPUS 2019 SUMMER GUIDE



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DEAR MEMBERS,

We are thrilled to welcome you to Summer 2019 at the San Francisco Campus. Summer is a time to do the things you want to do—whether that’s relax poolside, enjoy an early morning on the golf course, or just spend time with family and friends.

For many of us, Memorial Day weekend is the traditional kick-off to the season. And we’re ready for you to experience happy, sunny days, doing summer your way. With this in mind, we’ve designed our 2019 Summer Guide to provide quick, convenient access to helpful programming and services information, as well as seasonal procedures and guidelines for our properties.

2019 SUMMER UPDATES

We are so excited for the upcoming summer season. To help you make the most of your relaxing pool days, we will provide complimentary sunscreen and pool towels available for your use while you’re at the Club. Simply find the towel stand and help yourself. Please be sure to drop off your towels into a towel bin on your way out of the Club.

Mark your calendars for this year’s summer programming. We are focused on delivering exceptional experiences at our key signature summer events. Check out the programming section to learn more.

On behalf of the entire Bay Club team, we look forward to providing you and your family with memorable and enjoyable experiences throughout this summer and beyond!

Devone Parker

Devone Parker
VP/GM, SF Campus

Jennifer Lythgoe

Jennifer Lythgoe
GM, BCFD

Ray Manning

Ray Manning
GM, BCG

James Lent

James Lent
VP/GM, SF



SIGNATURE SUMMER ACTIVITIES

Be sure to look for many of our signature events—like Family Nights and Happy Hours—that you’ve come to expect as a part of your summer. Mark your calendars for the following summer events at Bay Club Gateway*:

Sunday, May 26

Memorial Day Kick-Off

- Wibit
- Pool Games

Saturdays | Kids Night Out

- Pool Games
- Movie
- Pizza Party

Second Sunday of the Month

Soleil Sunday + Family Funday

- Music and Lawn Games
- Signature Drinks
- Games on the basketball court

**All summer events vary by location and are subject to change. For details, see an associate or your club calendar.*

WILD FOR WIBIT EVENTS

Little ones can run the obstacle course or climb to the top of the Action Tower at the Bay Club! These sensational blow-up obstacle courses turn our Bay Club pools into our very own aquatic adventure parks. Wibit is in the pool 6:30-7:30 pm every Saturday night Memorial Day weekend through Labor Day weekend. * To learn more about the Wibit or schedule your swim lessons, contact Aquatics Director, Bobby Savulich at 415.901.9387 or by email at aquatics.bcg@bayclubs.com or aquatics.bcsf@bayclubs.com.

*Wibit participants must be at least 42" tall and be able to tread water for one minute and swim 25 yards without goggles. Aquatics staff members and lifeguards are present at all Wibit events. *Recreation and lap swimming is suspended while Wibit is in the pool.*

GLIDEFIT

We love taking advantage of California’s great weather—and there’s no better way to do that than with a pool workout! We are thrilled to partner with GlideFit who has been spearheading the floating fitness mat revolution with not only a high quality board, but comprehensive programming. So join us in the pool for this fun, low impact, high intensity workout! Please note that while a GlideFit class is in session, the pool is not open for recreational use. To find out the GlideFit schedule, visit bayclubs.com/classes or look for in-club signage.



KIDS CAMPS

Youth programming is an important part of what we do at the Bay Club. We offer a wide variety of Kids Camps for children ages 3 to 15 years old. Each camp is tailored to a specific age group, providing activities that foster innovation and shared learning, carefully balanced with free periods and downtime. Extended care is also available for before and after camp.

Your child may also select one of our popular Sports camps for children ages 3.5 to 13 years old. Squash and Tennis camps offer focused instruction to enhance skills, while still allowing free time for other camp pursuits, such as team building activities, and games.

Here is our exciting camp and programs lineup at the San Francisco Campus this summer; please visit our website or ask an associate for full details.

- Little Explorers | Ages 3-4 (Gateway)
- Kids Camp | Ages 5-12 (Gateway)
- Counselor in Training | Ages 13-15 (Gateway and SF Tennis)
- Tiny Tots Tennis Camp Ages 3.5-5 (SF Tennis)
- Little Aces | Ages 5-7 (SF Tennis)
- Crushers Tennis Camp | Ages 7-13 (SF Tennis)
- High Performance Tennis Camp | Ages 12-17 (SF Tennis)
- Junior Squash Camp | Ages 7-17 (San Francisco)

GUESTS

If you are bringing a guest to the Club, please be sure to check in at the Hospitality Desk and have your guest complete a registration and waiver form. It is imperative that members understand that they are responsible for all of the conduct, actions, and behavior of their guests while on Bay Club property. Guests may utilize the facilities or play a sport only when accompanied by a member. Each guest is limited to one visit per month and up to a total of no more than four visits per year regardless of which member he or she is the guest of and which club he or she visits. The Club reserves the right to limit the number of guests a member may bring to the Club and to adjust guest fees at any time without prior written notice.



LIFESTYLE POINTS

As a Bay Club member, you are eligible to receive Lifestyle Points, which may be redeemed at any time. Use your Lifestyle Points on many of your favorite Bay Club experiences. From complimentary rounds of golf to a personal training session, you may use your Lifestyle Points for just about anything. To learn more about using your Lifestyle Points, inquire at the Reception Desk or go to bayclubs.com/lifestylepoints. And remember that over the summer months (June through September), guest passes are eight points each.

SAFETY AND ETIQUETTE

We are looking forward to a fun and safe summer season. By being familiar with and abiding by these policies, each member contributes to the enjoyment of a smooth summer. Here are a few things to remember when using the Club this summer.

SWIM ATTIRE

To ensure a relaxing and comfortable club experience for everyone, we ask that all members and guests select their pool attire thoughtfully and refrain from wearing revealing swimwear in the pool area.

WATER SAFETY

The Club is designed to assure that your children have fun and are properly attended to when you leave them in our care. We have an outstanding staff and multiple facilities for our various kids' camps and classes.

For an extra layer of safety, all children 13 years or younger are required to take a Water Safety Test, where they must:

- Swim 25 yards without goggles to the exit of the pool.
- Tread water for one minute in the deep end of the pool, keeping ears out of the water and nose pointing forward. After the minute is up, they must exit from the water on their own without using the ladder.

Passing will earn children a wristband that they must wear in the pool, indicating that they are water safe (though we still ask that they be supervised at all times). We will keep names of all who have passed on file in case a wristband is lost at any point. Children can take the test at one of our Resort Ready Days or from any lifeguard or deck supervisor.



Children who were certified water safe in 2018 are not required to be recertified. If a child is not water safe, the parent/guardian must be in the pool with the child, within “arms reach.”

If you are unsure as to whether a lifeguard is on duty, please ask our staff and look for any signage, stating WARNING: NO LIFEGUARD ON DUTY (3120B.4). However, whether lifeguards and monitors are present, it’s always the parents’ responsibility to watch their children at all times. And if you see something, say something. We ask any member who spots an unattended child, or any unsafe situation, to bring it to the attention of club staff immediately. Remember, situations can turn in an instant—and it takes everyone’s involvement to ensure the safest environment possible.

As a reminder, the Adult Hot Tub is for members ages 14 and older. For safety reasons, children are not allowed to use the hot tub except with parental permission during Kid’s Night Out. Parents are responsible for the supervision of children and young teens at all times while at the Club.

POOL SAFETY PLAN

From Memorial Day Weekend through Labor Day, lifeguards will be on duty at Bay Club at the Gateway seven days a week, 9:00 am–6:00 pm. Remember, our guards’ primary responsibility is to ensure pool and deck safety. Therefore, we ask parents to supervise children at all times.

At their discretion, lifeguards may call a Children’s Pool Break of up to 10 minutes every hour to give kids a chance to rest and take some time away from the water and sun. This is also a time to re-apply sunscreen, hydrate, and use the restroom. During a Children’s Pool Break, no children under the age of 14 are permitted in any of our pools.

Our other children’s guidelines are as follows:

- Please be aware that the use of any type of pool apparatus (including but not limited to inflatables, beach balls, and noodles) is at the discretion of the lifeguard staff and dependent upon the time of day and pool occupancy.
- Experts have warned that mono-fins and mermaid tails have been shown to increase the drowning risk in children. As an added precaution, we will no longer be allowing mono-fins or mermaid tails in our pools. For additional information about these findings, click [here](#) and [here](#).



- Triple-Up: As a matter of law, a pool must be temporarily shut down if a child has had an accident in the water. Therefore, while using any club pool or water feature, all non-potty trained kids must wear three layers: A swim diaper, reusable plastic pants, and a swimsuit.
- Please make sure children use the restroom before they swim, and encourage them to take a restroom break at least every hour.
- Please use the diaper changing station located in the far left outdoor shower to change diapers; do not change diapers poolside or on lounge chairs.
- We ask that children take a minimum 20-minute break after eating before using the pool.
- Children 5 years or older must use same sex locker rooms. Family changing areas are available at the outside showers. Children 5 years or older can use the opposite sex restroom in the Tennis lobby.
- Keep your non-swimming children within arm's reach at all times. Flotation devices are not a substitute for adult supervision.
- Monitor your children at regular intervals for any signs of heat exhaustion or dehydration. It's recommended that children rest and drink four to six ounces of water hourly.
- For safety reasons, glass is not permitted on the pool deck.

FITNESS CENTER USAGE AND ETIQUETTE

With increased summer usage, it's important to keep the following guidelines in mind to ensure a pleasant Club experience for all. As a reminder, shirts and closed-toe shoes are required at all times in the Fitness Center. As a courtesy to others, please return mats and weights to their designated areas, place trash and towels in the appropriate receptacles and limit your cardio workout to 30 minutes when others are waiting for a machine. Additionally, we ask that you allow others to work-in when using strength training equipment. And, as always, cell phone use is not permitted in this area of the clubs. Additionally, we ask that you allow others to work-in when using strength training equipment. And, as always, cell phone use is not permitted in this area of the clubs.

YOUTH FITNESS ACCESS

Children under the age of 12 are not allowed to use the Fitness Center, unless they are working with one of the Club's trainers. Members ages 12-13 are allowed in the Fitness Center if they are under direct adult supervision and have taken our Teen Training Safety Course. Direct supervision means the parent is watching the teen at all



the adult must know weight lifting techniques and the proper orientation of fitness equipment. Members ages 14–16 are permitted to use the Fitness Center without supervision if they’ve completed our Fitness Orientation Course.

HOLIDAY HOURS

Memorial Day, July 4, and Labor Day: 7:00 am-8:00 pm

PARKING

Your Bay Club experience begins with your arrival. For your convenience, each of our City Clubs offers one or more parking options:

Bay Club SF Tennis: The Club offers parking in its two-level garage, which is staffed by a security guard during regular club operating hours. The garage is open Monday–Friday 5:30–12:00 am and weekends 7:00 am–10:00 pm. Choose the pay-as-you-go option at \$3 per hour for members and \$5 per hour for guests, Premium Monthly Parking with a five-hour maximum per visit at \$65 a month, or Unlimited Monthly Parking at \$250 per month. Bay Club SF Tennis also offers onsite car detailing Tuesday through Saturday by appointment; for pricing and availability, please contact the Club’s Reception Desk.

Bay Club Gateway: Complimentary parking for a maximum of three hours is available in designated spaces, which are offered on a first-come, first-served basis. Spaces may only be used while you are visiting the Club and are physically on the property. Members must register their cars at the Reception Desk upon arrival and have a permit displayed clearly in either the front or the back of the vehicle. Our management team inspects the lot periodically throughout the day. Any unregistered cars will first be issued a warning and may be towed for any subsequent violations.

Bay Club San Francisco: The entrance to the Bay Club garage is located on Lombard Street between Sansome and Battery. While using the Club, members may park for up to three hours in any member space on levels A, B, and C. Members may also park in specially designated spaces on levels A, B, C, and D on weekends and after 5:30 pm on weekdays. Additional member parking is also available at Levi’s Plaza Garage on Sansome Street. The Reception Desk will validate your ticket for up to three hours of parking. Levi’s Plaza Garage is open weekdays 6:00 am–10:00 pm and Saturday 9:00 am–1:30 pm (Please note: Must enter garage by 10:30 am to receive up to three hours of validation). Please be aware that cars left in Levi’s Plaza Garage after it closes will not be accessible until the garage reopens the following day. On Saturdays, please enter the garage via Greenwich Street.



Bay Club Financial District: While using the Club, complimentary parking is available for up to three hours after 5:00 pm Monday through Friday. The entrance to 555 California Parking Garage is located on Pine Street between Montgomery and Kearny. Parking for more than three hours, or before 5:00 pm, will result in parking fees at the owner's expense.

STAY CONNECTED

With all of the exciting events, activities and programs we have planned throughout the summer, we want to be sure that you have all the resources available to you at your fingertips! To start, please enroll in **Bay Club Connect** at bayclubconnect.com if you haven't already done so, and be sure to download our new mobile app on the Apple Store or Google Play Store!

Additionally, the following links can provide all the details you need to plan a fun and festive season:

- Events Calendar: bayclubs.com/events
- Camps Website: bayclubcamps.com
- Facebook Page: facebook.com/bayclubs
- Instagram: instagram.com/bayclubs
- Blog: onelombard.com
- Group Exercise Schedule: bayclubs.com/classes
- Online Court Booking: courtbooking.bayclubs.com